SQ3R Reading Method

S  Survey
- Examine how the book or chapter is organized
- Note headings and sub-headings
- Read preface and chapter summaries
  - Read even first and last paragraphs of the chapter

Q  Question
- Ask yourself this question: “What do I already know about this topic?”
- Turn each heading into a question – read to answer that question

R  Read
- Read sections – NOT chapters. Chunk sections based on subheadings.
- Mark the text while you read – but mark it SMART
  - Circle words you don’t know – look them up later
  - Record what you think and feel while you read
  - Ask questions in the margins
  - Underline/Highlight only one sentence or phrase per paragraph.

R  Recite
- Write the answer/s to the heading question in your own words.
- Write brief statements – DON’T copy from the book
- Create visuals to help you remember. It can be a map, a picture, a chart – anything!

R  Review
- Look over your notes regularly – at least weekly.
- Write a larger summary about several chunks to connect them.
  Remember to write in YOUR OWN WORDS!